

NPTEL Video Lecture Topic List - Created by LinuXpert Systems, Chennai

NPTEL Video Course - Multi Disciplinary - NOC:Certificate in Integrative Palliative Care - III

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Co-ordinating Institute - International Institute of Distance Learning An Initiative of NAPCAIM

Sub-Titles - Available / Unavailable | MP3 Audio Lectures - Available / Unavailable

- Lecture 1 - Prologue CIPC
- Lecture 2 - Introductory Dialogue
- Lecture 3 - Basics of Palliative Care
- Lecture 4 - Integrative Palliative Care
- Lecture 5 - Complementary Medicine
- Lecture 6 - Community Participation in PC
- Lecture 7 - Communication Skills in Palliative Care - Part I
- Lecture 8 - Communication Skills in Palliative Care - Part II
- Lecture 9 - Introductory Dialogue
- Lecture 10 - What is Naturopathy?
- Lecture 11 - Naturopathy Basic Concepts and Principles
- Lecture 12 - Air Therapy
- Lecture 13 - Helio Therapy
- Lecture 14 - Hydro Therapy
- Lecture 15 - Mud Therapy
- Lecture 16 - Fasting Therapy
- Lecture 17 - Massage Therapy
- Lecture 18 - Magnet Therapy
- Lecture 19 - Introduction (The Integrative Role of Yoga in Palliative Care)
- Lecture 20 - Overview of Yoga in Palliative Care, Challenges and Therapeutic Role of Yoga
- Lecture 21 - Concept of Ashtang Yoga for Enhancing QOL
- Lecture 22 - Health and Diseases According to Yoga
- Lecture 23 - Role of Yoga as Preventive and Curative Approach in Palliative Care
- Lecture 24 - Ganesh Asana, Chair Surya Namaskar Practical
- Lecture 25 - Sukshma Asana Practical
- Lecture 26 - Therapeutic Role of Mudra for Mental and Emotional Health
- Lecture 27 - Yoga Interventions for Physical and Mental Health
- Lecture 28 - Role of Pratyahara in Palliative Care
- Lecture 29 - Relaxation Technique of Yoga Nidra for Palliative Care

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- Lecture 30 - Yoga Intervention for Enhancing Spiritual Health
- Lecture 31 - Understanding Cancer and Yoga Practices for Dealing with Cancer
- Lecture 32 - Introduction (Pranic Healing)
- Lecture 33 - Role of Pranic Healing in Palliative Care
- Lecture 34 - Pranic Healing Five Elements
- Lecture 35 - Chakaras
- Lecture 36 - Twin Heart Meditation
- Lecture 37 - Forgiveness
- Lecture 38 - Gratitude
- Lecture 39 - Introductory Dialogue (Energy Healing)
- Lecture 40 - Remote Energy Healing
- Lecture 41 - Reiki
- Lecture 42 - Reiki: Symbols and Meaning
- Lecture 43 - Reiki and Pranic Healing
- Lecture 44 - Qigong
- Lecture 45 - Tai Chi
- Lecture 46 - Emotional Freedom Technique (EFT)
- Lecture 47 - Introduction (Acupressure and Acupuncture)
- Lecture 48 - Meridians - A System of Pathway !
- Lecture 49 - Acupressure: A Beginner's Guide
- Lecture 50 - Popular Acupressure Points
- Lecture 51 - Acupuncture Miracle Remedy for Everything ?
- Lecture 52 - Acupressure and Acupuncture, What is the Difference ?
- Lecture 53 - Auricular Acupuncture
- Lecture 54 - Introduction (Aroma Therapy)
- Lecture 55 - Introduction to Aroma Therapy
- Lecture 56 - Essential Oils
- Lecture 57 - Clinical Aromatherapy in Palliative Care
- Lecture 58 - Aroma Therapy - Incorporating into Daily Life !
- Lecture 59 - Aroma Therapy - Myths and FAQs
- Lecture 60 - Introduction
- Lecture 61 - Music Therapy
- Lecture 62 - Music Therapy - History and Benefits
- Lecture 63 - Music Therapy (Palliative Care)
- Lecture 64 - Tools and Activities
- Lecture 65 - Interventions and Raga
- Lecture 66 - Introduction
- Lecture 67 - Diet Therapy
- Lecture 68 - Nutrition - Does it Really Matter ?

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- Lecture 69 - Eat Natural Food! Boost Your Energy Naturally!
- Lecture 70 - Stop Eating Junk Food!
- Lecture 71 - Role of Nutrition Palliative Care
- Lecture 72 - Dispelling Nutrition Myths! Unveiling the Truth for Better Health
- Lecture 73 - Nutrition At the End of Life!
- Lecture 74 - Introduction (Expressive Art Therapy)
- Lecture 75 - Expressive Art Therapy
- Lecture 76 - Art Therapy
- Lecture 77 - Sand Play Therapy: A Healing Journey
- Lecture 78 - Colour Therapy
- Lecture 79 - Writing Therapy
- Lecture 80 - Introduction
- Lecture 81 - Religiosity, Spirituality and Palliative Medicine
- Lecture 82 - Exploring the Science Behind Spirituality
- Lecture 83 - Loving Yourself
- Lecture 84 - Spiritual Distress
- Lecture 85 - Panel Discussion: Death and Dying
- Lecture 86 - Introduction (First Aid)
- Lecture 87 - Introduction to First Aid
- Lecture 88 - Purpose of First Aid Training
- Lecture 89 - Emergency Procedure
- Lecture 90 - Cardiopulmonary Resuscitation CPR
- Lecture 91 - Making a Splint
- Lecture 92 - Recovery Position
- Lecture 93 - Emergency Scene Management (ESM)